

# MONASH UNIVERSITY LOW FODMAP CERTIFICATION PROGRAM

## How to get your Recipes or Ready meals Monash Certified



### STEP 1 CONTACT US

Email the certification team at [certification@monashfodmap.com](mailto:certification@monashfodmap.com) to express an interest in applying for the recipe certification program. Please provide general information about your business and yourself, and how your recipes will be used (e.g. restaurant meals, meal delivery service, cookbook, website/blog). You will receive an application form and checklist to complete before proceeding with the next step.

*Note: A minimum of 10 recipes is required to apply for our program.*



### STEP 2 RECIPE ASSESSMENT

Submit recipes for assessment. A consultancy agreement covering the assessment terms and the assessment fee will apply.

A report will be provided confirming if the recipes meet the low FODMAP criteria or require modifications.



### STEP 3 CERTIFIED MATERIALS

Following our style guide, apply the Monash certified Icon artwork on marketing materials and submit for review and approval. Images of your brand logo and meals, plus information on your business, will be required for promotions and Monash FODMAP App listing.



### STEP 4 JOIN THE PROGRAM

Approved recipes will be eligible to join the Monash University Low FODMAP Certification Program. This means you'll:

- be included in the Monash University FODMAP Diet App; and
- be able to use the Monash University Low FODMAP Certified™ stamp of approval and trademarks on promotional materials, websites, social media and more.

*Agreement and license fees apply*



### STEP 5 LAUNCH

You are ready to launch your brand and recipes as being Monash University Low FODMAP Certified™ ! We will work closely with you to align the launch promotion with your marketing goals and plan.

For more information on getting your recipes certified please visit [monashfodmap.com](http://monashfodmap.com) or contact us at [certification@monashfodmap.com](mailto:certification@monashfodmap.com)

